

SUMMER 2020



Leisure Time Club *Newsletter*

Fritz's Polka Band at Chapman Park

Let's liven up the Labor Day weekend with a Sunday evening free outdoor concert by Fritz and his Polka band. Sunday, September 6 from 6:00 to 7:30 pm Chapman Park.

Everyone is encouraged to stay in their cars to listen to the music. Bring your own refreshments. The restrooms will be sanitized and open.



We have established some protocols that everyone is expected to follow:

1. Spectators cannot sit or dance under the pavilion. It has been reserved for band members only.
2. Remain 6 ft away from others not in your immediate household.
3. Masks are required and social distancing is to be observed at all times.
4. Restrooms are available, but are used at your own risk. Wash your hands thoroughly with soap and water after use.
5. Spectators are encouraged to enjoy the concert from their vehicles.
6. There is no rain date!

Hi Fellow LTC Members! Summer is finally here! I hope you are safe and healthy. We are hoping that we may get LTC members together for some outings and by doing some other events. This is a very stressful time for every one. Thank you for your LTC membership and support of our programs. Be sure to wear a mask and stay socially distanced. It's the best way to avoid the Covid -19 virus. President Theresa.



Senior Activities

“Virtual Bake Sale”

A new twist on the Bake sale fund raiser!! This year instead of baking and selling our goodies members are asked to donate the value of the baked goods to the Leisure Time Club. So if you think you would spend \$10.00 to make that banana bread or your famous chocolate chip cookies or brownies for the bake sale – please consider sending in the \$10.00 to the LTC Instead. Send your donation to:
Sullivan Leisure Time Club
C/O Alice Vreeland
7937 DeVaul Road
Kirkville, NY 13082



**Drive Thru
Chicken BBQ
August 26th**

Drive Thru Chicken BBQ



Bus Trips

All Senior bus trips have been cancelled for the remainder of the year. The BOSTON overnight trip is being rescheduled for May 11 to May 14, 2021. Registration for this trip will begin in January. Revised prices and details will be announced.



Van Trips

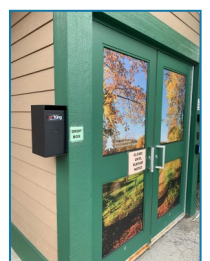
The popular “Lights on the Lake” van trips are still possible if the restrictions on this type of event are lifted by December. More information is needed at this time before a final decision is made. Stay tuned.

There will be no summer picnics held in the parks this year. A drive-thru chicken BBQ catered by Abbott’s will be held on Wednesday August 26 pick up between 11:00 am and 1:00 pm at the Parks and Recreation Building 707 Legion Drive, Chittenango. \$5.00 per person for LTC members and \$8.00 for all others. Includes: BBQ chicken, salt potatoes, baked beans and fruit salad. All packaged up and ready to go. Deliveries will be available to those not able to drive over.

Everyone must ORDER a dinner in advance by calling Robin at 315-687-3471. Leave a message on the voice mail.

Deadline to order is August 21.

Checks can be mailed to Sullivan Community Council 707 Legion Drive Chittenango or drop your payment in our new drop box (located to the left of our main entrance). Registration can also be made by credit card on our website <https://sullivan.recdesk.com>.



More Senior Activities

AARP Driving Course

Although the AARP has suspended all on site in person classes for the rest of 2020, you can still take the course on line. Go to AARP then click the driving course. They give a discount for members of AARP. If you run into trouble there is a phone number to call for help 1-800-350-7025. Hopefully classes will resume next year.

Recreational Bowling League

There will be no summer bowling this year. When bowling is able to resume there will be some changes. We are moving back to the Green Lakes Bowl, Route 5 in Fayetteville And will meet on Tuesdays at 9:00 am . The weekly fee will be \$6.00 each week All 2019/2020 bowlers who bowled at least 10 weeks will receive a commemorative T-Shirt!! All bowlers will be contacted!!

Leisure Time Club Holiday Party

The LTC Holiday party is questionable at this time. The event hinges on the opening of venues to allow for a large group to get together. If held we will follow all the guidelines that are set up at that time.

Tentative date is Wednesday December 9 at Theodore's in Canastota.



Healthy Heart Walking Trails

Check out Sullivan Parks Healthy Heart Walking Trails.

- ½-mile loop trail. This trail goes in back of Strawberry Hill to pavilion 2 and returns to the mail parking lot.
- 1-mile loop trail. This trail goes through the woods behind pavilion 1 and continues behind and around the pond to pavilion 3. It goes up the hill behind the tennis courts and to the front of the park. The trail then comes back to the main parking lot along the edge of the road.

Face Coverings

The Hows and Whys of Wearing Face Coverings

The Centers for Disease Control (CDC) recommends and New York State requires people to wear cloth face coverings in situations where social distancing is difficult. This includes stores, businesses, public transportation and crowded sidewalks. The masks protect other people by preventing water vapor that you breathe out (in which the coronavirus may be) from hanging in the air near other people. This helps stop the virus from spreading.

How should I wear a cloth face covering?

Cloth face coverings should

- Fit snugly but comfortable against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to shape

How do I safely sterilize/clean a cloth face covering?

A washing machine should suffice in properly washing a face covering. The covering can be dried in a drier or by air (put in the sun if possible)

How can I safely remove a used cloth face covering?

Be careful not to touch your eyes, nose or mouth when removing your face covering and wash your hands immediately.

